Royal College of Nursing Research Institute

School of Health and Social Studies

University of Warwick

Third Annual Report

1st August 2009 to 31st July 2010

Photo by Paul Kent
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Director’s Message

I am very pleased to present a report on the progress of the Royal College of Nursing Research Institute (RCN RI) over the last year.

Over the last year, staff have been very active submitting research grants, and producing high quality publications to enhance our Research Excellence Framework submission. Our strong research reputation is also evidenced by the number of invitations to deliver plenary lectures that staff have received.

We are enjoying the interdisciplinary collaboration that the University of Warwick encourages and supports, and this has led to the submission of several joint research bids. We are also developing closer links with local NHS Trusts.

I would like to thank all the staff of the RCN RI for their hard work and commitment, their enthusiasm for research and really working together to ensure the research we undertake is high quality and relevant to those with health care needs.

Maintaining and developing the strategic alliance between the RCN and the University of Warwick requires a great deal of work, and I would particularly like to thank Dr Peter Carter, Janet Davis and Geraldine Cunningham from the Royal College of Nursing who have made major contributions to the continuing success of the strategic alliance. I would also like to pay tribute to our Joint Advisory Board and thank them for the generosity they have shown with their time, support and advice.

Professor Kate Seers
Director
October 2010
Introduction

The RCN RI was formerly the research team at the Royal College of Nursing Institute from 1996-2007. When the RCN wished to develop a strategic alliance with another Higher Education Institute to enhance its ability to deliver high quality research, the University of Warwick was successful in its bid to be the RCN’s strategic alliance partner for research. The RCN RI has been a research centre within the School of Health & Social Studies at the University of Warwick since 1st August 2007.

The research of the RCN RI supports the mission of both the RCN “to represent nurses and nursing, promote excellence in practice and to shape health policies”, and the University of Warwick’s Strategy “to make Warwick an undisputed world leader in research and scholarship.” It also addresses the RCN’s 2008-2013 Strategic Plan objectives of strengthening the RCN as the leading authority on nursing on health and social care, contributing to campaigning for nursing, health care and patients, maximising the RCN’s contributing to improving the health and wellbeing of the national, EU and international population.

The RCN RI aims to:

- Produce high quality research that improves knowledge, patient care and impacts on policy
- Increase research capacity relevant to nursing by providing high quality research training
- Contribute towards the RCN and the University of Warwick delivering on their strategic objectives

Governance

The RCN Research Institute is overseen by a Joint Advisory Board. This consists of the Chief Executive Officer & General Secretary of the RCN, the Director of the RCN Institute, a member of RCN Council, two patient representatives, two external academics, one member of the NHS Institute for Innovation and Improvement, two Professorial academic staff from other departments at University of Warwick, the Head of SHSS, Director of Research of SHSS, the Director of the RCN RI and a staff member. They have agreed terms of reference (see appendix 1) and meet once a year.

RCN RI Staff

Jo Brett, Research Fellow
Lee Gunn, Research Assistant
Dr Kirstie Haywood, Senior Research Fellow
Deirdre Kennedy, Project Manager
Paul Kent, PA to Director and team administrator
Dr Carole Mockford, Senior Research Fellow
Dr Natasha Posner, Research Fellow
Professor Kate Seers, Director
Dr Sophie Staniszewska, Senior Research Fellow
Dr Liz Tutton, Research Fellow

Summary of Progress

Ongoing Research

RCN RI research is organised around three themes; patient experiences and involvement, patient reported outcomes, and translating knowledge into practice. Full details are included in our research strategy. All ongoing research is within budget and agreed timeframes. All annual or final reports submitted as required by funders have been accepted.
Grants

We have been successful in generating grant income, with six externally funded grants running during the period of this report. These include a European Commission FP7 research grant for 3 million euros on which Professor Seers is lead co-ordinator with European and International collaborators, a Research for Patient Benefit grant for £224,781, with Professor Seers as principal investigator.

Measures of Esteem

Members of RCN RI have a variety of measures of external esteem, including membership of a research assessment exercise panel, chairing INVOLVE sub groups (patient involvement), editorial board membership, invited plenary lectures, invited national and international scientific committees, contribution to national policy initiatives and contribution to the academic community via external examining, especially at PhD level.

PhD Students

With the start of the strategic alliance, seven PhD students transferred to University of Warwick and four chose to stay with University of Manchester. Four of these students have now been awarded their PhD, and progress of the others is satisfactory. Staff have been taking on new University of Warwick PhD students, supervising jointly with others in the School, and with Warwick Medical School colleagues.

Strategic Alliance Legal Requirements

The strategic alliance between the RCN and the University of Warwick has a legal transfer document, which states the outcomes to be delivered. The Joint Advisory Board meeting in September 2009 reviewed these and agreed progress towards these objectives was satisfactory.

Other developments

Our research strategy was updated in August 2009 in collaboration with all members of the RCN RI. Our three main themes are patient/user experiences and user participation; patient reported outcomes; and knowledge transfer and evidence into practice. We plan to work towards more programmatic funding rather than individual grants to increase the sustainability of the unit. We will be updating our research strategy in January 2011.

Contribution to the University/Faculty Social Sciences/School of Health and Social Studies

RCN RI staff attend the Graduate Research Committee and the school meeting. Professor Seers is part of the SHSS executive team, and is Director of Research for SHSS. She also attends faculty research directors’ meetings. Dr Staniszewska is research staff member of the staff-student liaison committee. Dr Mockford is a representative on the Research Staff Forum for the School of Health and Social Studies and deputy representative for the forum on the University’s Research Committee. Ms Kennedy is the School’s first aider. The RCN RI staff also contribute to being members of MPhil to PhD upgrade panels, act as exam advisors and internal examiners at Masters and PhD level.

Leadership

Strong strategic leadership underpins the effectiveness and culture of the RCN RI. We endeavour to model valuing and respect of all staff as we believe this is essential for a team to function well and to enable staff to develop to their full potential.

Conclusion

The RCN RI has continued to thrive at the University of Warwick. Healthy grant income has helped embed the strategic alliance, and concrete plans for future development are in place, working towards ensuring the sustainability of the RCN RI.
Publications 2009-2010

(please note “submitted under review” included for Joint Advisory Board only, will be removed from final version of Annual Report)

Theme A - Patient Experiences and User Involvement


Submitted, under review:

**Brett J, Staniszewska S** et al (2010). A systematic review of the impact of user involvement on patient and public involvement. Submitted to *Health Expectations*


**Staniszewska S** et al (2010). The experiences of individuals severely affected by ME/CFS. Under review, *Journal of Advanced Nursing*

**Theme B - Patient Reported Outcomes**


**Submitted, under review:**

Ara R, Rafia R, Packham JC, **Haywood KL**, Healey EL Health care costs alone do not describe the total costs directly attributable to ankylosing spondylitis *Annals of the Rheumatic Diseases.*

**Haywood K, Staniszewska S,** (2010). Health Status and Quality of Life in Chronic Fatigue Syndrome / Myalgic Encephalomyelitis (CFS/ME): a structured review of patient-reported outcome measures. Submitted to *QL Res.* Responding to peer review comments; to be finalised on return from maternity leave.


Healey E, **Haywood KL**, Jordan KP, Garratt AM, Packham JC. Work status of a cohort of Ankylosing Spondylitis patients across the United Kingdom. *Annals of the Rheumatic Diseases*


Submitted, under review:

McInnes E Seers K Tutton E Meta-Ethnography of Older People’s Views, Experiences and Preferences for Falls Prevention Interventions. Undergoing revision for JAN.
<table>
<thead>
<tr>
<th><strong>Funder/Topic/PI</strong></th>
<th><strong>Amount £</strong></th>
<th><strong>Co- investigators</strong></th>
<th><strong>Dates</strong></th>
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<tbody>
<tr>
<td>Dimbleby Grant.</td>
<td>Total Bid £77,994</td>
<td>Seers, Noble, Ingleton, Stuart, Pitt.</td>
<td>From January 2011</td>
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<td>End of life care.</td>
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<tr>
<td>PI: Munday, WMS</td>
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<td>NIH Health Services Research Board</td>
<td>Total bid £167,000, £34,373 to RCN RI.</td>
<td>Toye, Seers, Carr, Allcock, Barker, Briggs</td>
<td>1 Nov 10 for 24 months</td>
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<td>A meta-ethnography of patients experiences of chronic non-malignant pain</td>
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<tr>
<td>PI: Toye, NOC</td>
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<td>Big Lottery</td>
<td>Total bid £499,320, £85,030 to RCN RI.</td>
<td>Hunt, A, Staniszewska S et al, bid via Association for Children’s Palliative Care (ACT)</td>
<td>April 2010 24 months</td>
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<tr>
<td>Better care: better lives for life-limited children in West Midlands. Association for Children’s Palliative Care (ACT)</td>
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<tr>
<td>PI: Hunt, UCLAN</td>
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<td>Macmillan.</td>
<td>Total bid 149,930, £3,948 to RCN RI.</td>
<td>Staniszewska, Griffiths, Clifford et al.</td>
<td>January 2010 for 24 months</td>
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<tr>
<td>EUREKA (experiences of unplanned admission in lung cancer COPD)</td>
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<tr>
<td>PI: Munday WMS</td>
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<td>NHS Service Delivery and Organisation. Evaluating CLARCHS in action Rycroft-Malone (Bangor)</td>
<td>Total bid £592,455, £9,777 to RCN RI.</td>
<td>Staniszewska, McCormack B Dopson S Thompson C et al.</td>
<td>54 months. Start January 2010</td>
</tr>
<tr>
<td>University of Warwick Research development fund. Pilot work for MRC application on patient outcomes Staniszewska</td>
<td>£15,000</td>
<td>Brett, J Munday, Sturt, Seers, Haywood et al</td>
<td>November 2009 for 6 months</td>
</tr>
<tr>
<td>European Commission FP7. Facilitating the implementation of research evidence Seers</td>
<td>£3 million</td>
<td>Harvey, Rycroft-Malone, McCormack, Titchen, Cox, Wallin, McCarthy,</td>
<td>January 2009 for 48 months</td>
</tr>
<tr>
<td>Research for Patient Benefit. Urgent care needs in diabetes Seers</td>
<td>£224,781</td>
<td>Coates, Posner, Canny and Pandaya</td>
<td>September 2008 for 26 months</td>
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Kirstie Haywood

Clinical Therapists Network (CTN) Annual Conference 15th October 2009
‘Responding to patient reported outcomes – challenges for a multidisciplinary team.’
Manchester.

RCN, London. Patient Reported Outcomes Event. To raise profile of PROMs and relevance to nursing.
Thursday 19th November 2009. Presentation on PROMS.

Natasha Posner

to need urgent care’, British Sociological Association, Medical Sociology conference, Manchester. 3-5 September.

London School of Economics, 16-17 September.

care’(Poster), Diabetes UK Annual Professional Conference. Liverpool, 3-5 March.

Association Conference, Glasgow, 7-9 April

Kate Seers

difference through research. Paper: Avoiding the common pitfalls of research.


to need urgent care’, British Sociological Association, Medical Sociology conference, Manchester. 3-5 September.

care’(Poster), Diabetes UK Annual Professional Conference. Liverpool, 3-5 March.

RCN International Research Conference (2010). Symposium on implementing evidence into
practice using different approaches: Methodological and practical strengths and challenges. Paper:
Evaluating the effectiveness of implementation strategies using randomised controlled trials. 11-
13th May.
Sophie Staniszewska

Staniszewska S (July 2010). Patient and public involvement in research: Does it really make a difference? Society for Academic Primary Care Annual Conference. Norwich.


Liz Tutton

Developing a Research Agenda in Orthopaedic and Trauma Nursing. International Collaboration of Orthopaedic Nursing. Crowne Plaza, Northwood Park, Dublin, Ireland. 16-17th September


Challenges of using participant observation. The 2010 International Nursing Research Conference. Royal College of Nursing of the United Kingdom. The Sage, Gateshead. 11-13th May.

Plenary paper. Hope: A Core concept for Trauma Care? Flying high: reaching new heights in orthopaedic and trauma nursing. RCN Society of Orthopaedic and Trauma Nursing 23rd International Conference and Exhibition. 24-26th September

Workshop - Nursing Research Questions: what are they? Gray B, Tutton E, Langstaff D. Flying high: reaching new heights in orthopaedic and trauma nursing. RCN Society of Orthopaedic and Trauma Nursing 23rd International Conference and Exhibition. 24-26th September
## Conferences Attended

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<tr>
<td>September 2009</td>
<td>European Federation of IASP Chapters Conference, Lisbon.</td>
<td>Kate Seers</td>
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<td></td>
<td>BSA Medical Sociology Conference, Manchester</td>
<td>Natasha Posner</td>
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<td>London School of Economics Vital Politics III Conference, London</td>
<td>Natasha Posner</td>
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<tr>
<td>October 2009</td>
<td>Insulin Dependent Diabetes Trust AGM</td>
<td>Natasha Posner</td>
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<td>November 2009</td>
<td>Joint Health Research Conference: Committed to better research in the NHS.</td>
<td>Liz Tutton</td>
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<td></td>
<td>Social Action for Health AGM</td>
<td>Natasha Posner</td>
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| December 2009 | Exploring professionalism. A symposium on the nature of professionalism, its development, assessment and research agenda. | Kate Seers *(joint organiser)*  
Liz Tutton |
| March 2010    | Diabetes UK Annual Professional Conference, Liverpool                            | Natasha Posner                             |
| April 2010    | Pain Society Conference, Manchester                                              | Kate Seers                                 |
|               | The British Sociological Association Conference, Glasgow                          | Natasha Posner                             |
| May 2010      | RCN International Nursing Research Conference, Newcastle                          | Kate Seers                                 |
|               |                                                                                | Liz Tutton                                 |
|               |                                                                                | Carole Mockford                            |
|               |                                                                                | Sophie Staniszewska                         |
| June 2010     | Self Health, London School of Economics                                           | Natasha Posner                             |
| July 2010     | ESRC Research Methods Festival                                                    | Kate Seers                                 |
|               |                                                                                | Liz Tutton                                 |
| September 2010| Developing a Research Agenda in Orthopaedic and Trauma Nursing, International Collaboration of Orthopaedic Nursing, Dublin | Liz Tutton                                 |
|               | 39th Annual Scientific Meeting (ASM) of the Society of Academic Primary Care (SAPC2010), Norwich. | Sophie Staniszewska |
Measures of Esteem 2009/2010

Jo Brett
- ESRC studentship funding for PhD from October 2010

Carole Mockford
- Representative on the Research Staff Forum for the School of Health and Social Studies
- Deputy Representative for the forum on the University’s Main Research Committee.

Natasha Posner
- Merit payment awarded

Kate Seers
- Invited to give 2010 Annual Winifred Raphael Memorial Lecture
- NIHR Health Services Research Commissioning Board 2009-date
- NIHR RfPB Funding Board 2006-2010
- West Midlands Nursing, Midwifery and Allied Health Expert Review Panel 2010, awarding PhD studentships and PhD completion awards.
- Invited by the International Association for the Study of Pain (IASP) to serve as a member of the Scientific Program Committee (SPC) for their 14th World Congress on Pain, in Yokohama, Japan on October 2-6, 2012.
- PhD external examiner PhD University of York, January 2010
- External assessor for Head of Research at Royal Brompton Hospital 2009
- Feedback editor for Cochrane Pain, Palliative & Supportive Care Group (PaPaS) 2009-
- EBN associate editor – renewed appointment 2010
- Pain – associate editor
- JAN – editorial board
- Mentor for Academy of Nursing, Midwifery and Health Visiting 2009-

Sophie Staniszewska
- Member of Department of Health patient-reported Outcomes Steering Group (while KH on mat leave) (2009-)
- Editorial Board Committee member of International Journal for Quality in Health care (2005-)
- Chair of Evidence, Knowledge and Learning Group of INVOLVE (extension till 2012) (2005)
- Member of Health Technology International Patient and Public Involvement Steering Group (2009-)
- Member of UKCRC Clinical Research Network PPI Group (2008-)
- Member of United Kingdom Clinical Research Collaboration PPI Group (2008-2010)
- Associate member of Health Services Research Board
- Advisor to NICE on patient experiences guideline development.

Liz Tutton
- Research for Patient Benefit funding board May2010 -
- International Advisory Board Journal of Orthopaedic Nursing July2009 -
Staff Development

Brett


Kennedy

Good Clinical Practice Workshop, University of Warwick, April 2010
University of Warwick Training Courses (Win-Win Negotiations, Dealing with Difficult People, Practical Networking, Project Management One and Project Management Two – the Next Steps), December 2009 to June 2010.

Mockford

Good Clinical Practice Workshop, University of Warwick, April 2010

Seers

Coaching Diploma, University of Warwick 2009-2010
Good Clinical Practice Workshop. University of Warwick. April 2010

Tutton

GCP Training, University of Oxford, John Radcliffe Hospital, January 2010.
John Radcliffe Appraisal Skills January 2010
e-ksf training January 2010
## RCN RI Research & Development Seminars 2009/10

<table>
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<tr>
<th>Date</th>
<th>Title</th>
<th>Journal Club</th>
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<tr>
<td>3 Dec 09</td>
<td>Professionalism &amp; issues in relation to Inter-professional working. (Professor Fred Hafferty)</td>
<td>The elephant in the living room: or extending the conversation about the politics of evidence (Norman K Denzin) Qualitative Research (2009); 9; 139-160</td>
</tr>
<tr>
<td>Date</td>
<td>Event Description</td>
<td>Source</td>
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Joint Advisory Board
Royal College of Nursing Research Institute (RCN RI)
School of Health & Social Studies
University of Warwick

The Royal College of Nursing Research Institute (RCN RI)

The RCN RI was formerly the Research Team at the Royal College of Nursing Institute from 1996-2007. When the RCN wished to develop a strategic alliance with another Higher Education Institute to enhance its ability to deliver high quality research, the University of Warwick was successful in its bid to be the RCN’s strategic alliance partner for research. The RCN RI has been a Research Centre within the School of Health & Social Studies at the University of Warwick since 1st August 2007.

Aims of the RCN Research Institute

The RCN RI is committed to staying at the leading edge of research in our specialist areas via national and international inter-disciplinary collaboration. Specifically we aim to:

1. Produce high quality research that improves patient care and impacts on policy.
2. Increase research capacity within nursing by providing high quality research training.
3. Contribute towards the RCN delivering on its strategic objectives.

Terms of Reference for Joint Advisory Board

1. To advise the University, the Royal College of Nursing and the Director RCN RI on strategic planning and direction.
2. To advise on the academic plans of the RCN RI, including scope and range.
3. To review objectives and progress against objectives.
4. To monitor the strategic alliance agreement between University of Warwick and the Royal College of Nursing, and discuss and recommend any variations and developments.
5. To ensure sound financial governance of RCN RI by receiving and commenting on financial statements.
6. To receive and review an Annual Report.
7. To monitor the quality of PhD student experience.
Membership of Joint Advisory Board

1. Two members from University of Warwick.
2. Two members from the Royal College of Nursing.
3. Two external members with expertise in directing research centres.
4. Two user/patient members.
5. One member working in health care and one member from the National Institute for Innovation and Improvement.
6. Director of RCN RI.
7. Director of Research and the Head of the School of Health & Social Studies.
8. One staff member from RCN RI.

Additional members can be co-opted to provide specialist advice as required.

The Joint Advisory Board will be supported administratively by the PA to the Director RCN RI.

Working Methods

1. The Joint Advisory Board will meet twice a year in the first three years, and then at least annually.
2. All matters relating to the Joint Advisory Board will be treated as confidential.
3. Electronic or written communication may be used between Joint Advisory Board meetings.
4. All members will have equal standing on the group.
5. Term of office is three years, renewable for one additional three year period.
6. The Joint Advisory Board will be chaired by an external member.
7. Conflicts of Interest will be declared and recorded.
8. A minimum of five members must be present for a meeting to be quorate. If a meeting is not quorate, and decisions taken will be by Chair’s action, and will be ratified by email following the meeting.
9. If a Joint Advisory Board member is not present at three consecutive meetings, a new Joint Advisory Board member may be considered by the Chair and the Director of the RCN RI. It is expected that the member will normally attend, but they can send a fully briefed representative where this is unavoidable.
10. The experience and involvement of users and the impact of that involvement will be monitored.