Hypertension: state of the art in 2017

Tuesday, 16 May 2017

Royal College of Physicians, 11 St Andrews Place, Regent’s Park, London NW1 4LE

Programme organiser: British and Irish Hypertension Society

09.30  Registration and coffee

09.55  Welcome and opening remarks
     Professor Jane Dacre, president, Royal College of Physicians

Session 1:  Epidemiology and Evidence
     Chair: Professor Bryan Williams, University College London

10.00  New evidence in 2017: how will it change practice?
     Professor Neil Poulter, Imperial College London

10.30  Hypertension and Heart Failure: is low BP a problem, what is optimal BP, are there meds to avoid?
     Professor Gregory Lip, Sandwell and West Birmingham Hospitals

11.00  Coffee

Session 2: Diagnosis and Investigations
     Chair: Professor Franco Cappuccio, BHIS Vice President and University of Warwick

11.20  Home BP: should it be the cornerstone of hypertension management?
     Dr Richard McManus, University of Oxford

11.50  Is traditional clinic BP dead?
     Professor Bryan Williams, University College London

12.20  Aldosterone and resistant hypertension: rarely encountered or commonly missed?
     Professor Morris Brown, Queen Mary’s University London

12.50  Lunch

Session 3: Treatment challenges
     Chair: Dr Richard McManus, University of Oxford
13.50  **Salt targets – is low salt better?**  
Professor Franco Cappuccio, Vice President BHIS and University of Warwick

14.20  **BP targets – is higher BP better?**  
Dr Adrian Brady, University of Glasgow

14.50  **What to do when you find your patient is non-adherent to therapy**  
Dr Indranil Dasgupta, University of Birmingham

15.20  **Tea**

**Session 4: Hot Topics**

Chair: Dr Adrian Brady, BHIS President and Glasgow University

15.40  **New drugs in hypertension**  
Professor David Webb, University of Edinburgh

16.10  **Device Therapy for Hypertension in 2017: current status and horizon scanning**  
Dr Mel Lobo, Queen Mary’s University London

16.40  **Closing remarks by the Chair**

16.45  **Close of conference**