Active Appearance Pyramids for Object Parametrisation and Fitting

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Abstract

Object class representation is one of the key problems in various medical image analysis tasks. We propose a part-based parametric appearance model to refer to as an Active Appearance Pyramid (AAP). The parts are delineated by multi-scale Local Feature Pyramids (LFPs) for superior spatial specificity and distinctiveness. An AAP models the variability within a population with local translations of multi-scale parts and linear appearance variations of the assembly of the parts. It can fit and represent new instances by adjusting the shape and appearance parameters. The fitting process uses a two-step iterative strategy: local landmark searching followed by shape regularisation. We present a simultaneous local feature searching and appearance fitting algorithm based on the weighted Lucas and Kanade method. A shape regulariser is derived to calculate the maximum likelihood shape with respect to the prior and multiple landmark candidates from multi-scale LFPs, with a compact closed-form solution. We apply the 2D AAP on the modelling of variability in patients with lumbar spinal stenosis (LSS) and validate its performance on 200 studies consisting of routine axial and sagittal MRI scans. Intervertebral sagittal and parasagittal cross-sections are typically used for the diagnosis of LSS, we therefore build three AAPs on L3/4, L4/5 and L5/S1 axial cross-sections and three on parasagittal slices. Experiments show significant improvement in convergence range, robustness to local minima and segmentation precision compared with Constrained Local Models (CLMs), Active Shape Models (ASMs) and Active Appearance Models (AAMs), as well as superior performance in appearance reconstruction compared with AAMs. We also validate the performance on 3D CT volumes of hip joints from 38 studies. Compared to AAMs, AAPs achieve a higher segmentation and reconstruction precision. Moreover, AAPs have a significant improvement in efficiency, consuming about half the memory and less than 10% of the training time and 15% of the testing time.

Keywords: Lumbar spinal stenosis, Active appearance model, Part-based model, Active appearance pyramid

1. Introduction

Representation and segmentation of anatomical objects is of vital importance in the understanding of medical images. A standard approach which has proven robust and efficient, is to learn and leverage prior knowledge of the object garnered from statistics of its parametric form. To achieve this, the following steps are implemented: delineating the object class with a coherent parametric form; learning a prior model of the object class by formulating the statistics of the parameters; and fitting the parametric model to new, unseen instances while regularising the solution with the learned prior model.

The most commonly used strategy is to describe the objects with deformable appearances such as morphable models (Jones and Poggio, 1998), statistical deformable models (Rueckert et al., 2003) and AAMs (Cootes et al., 2001; Matthews and Baker, 2004). The correspondence in the training data is established by annotating the landmarks at consistent features of interest from subjects. The prior knowledge is then usually learned through a linear model by applying eigen analysis, e.g. PCA. As a generative method, AAMs can not only achieve a robust segmentation, but also synthesise new instances and code the appearance with compact parameters for higher-level interpretation, such as for the diagnosis and grading of pathologies. AAMs are widely adopted and have proven successful, but in clinical applications face challenges such as their sensitivity to local minima during fitting, and computational costs when built on 3D data.

In addition to the holistic methods, part-based models have shown superior performance in computer vision tasks including object detection and tracking. Notable examples are sub-model AAMs (Roberts et al., 2006; Roberts, 2008), Deformable Part Models (Felzenszwalb and Huttenlocher, 2005; Felzenszwalb et al., 2010a,b), CLMs (Cristinacce and Cootes, 2006, 2008; Saragih et al., 2011) and mixture-of-trees models (Zhu and Rahman, 2012), in which an object is decomposed into locally rigid parts with a geometric model capturing spatial relationships among parts. Among these the models reported applied for clinical applications are sub-model AAMs and CLMs. For example in Cristinacce and Cootes (2008) the CLMs show superior performance over AAMs on brain and dental images. In Lindner et al. (2013) combined with random forests regression CLMs are reported to have the best performance in segmenting femur radiographs. The fitting process is implemented by local...
feature searching followed by a regularisation imposed through a prior model of the global shape. CLMs decompose the complex appearance into parts with simpler structures therefore suffer less from the high dimension low sample space (HDLSS) problem when compared to AAMs. Moreover, they are able to utilise advanced feature detection algorithms such as boosted regression (Cristinacce and Cootes, 2007), random forests (Lindner et al., 2013), regularised mean-sift (Saragih et al., 2009), and shape optimisation methods such as pictorial structures (Antonakos et al., 2015) and non-parametric model (Xiong and De la Torre, 2013). Due to the small local support of the feature patches however, the local feature detectors in CLMs are plagued by the problem of ambiguity, which results in errors in landmark location as the detection becomes trapped in local minima (Saragih et al., 2011). In addition, the existing part-based models coarsely delineate the objects focussing on capturing the key features which is sufficient in computer vision tasks, but in clinical applications a more delicate appearance model is needed to preserve the structural details and parametrise the entire anatomical appearance.

We present a generative part-based appearance model we refer to as an Active Appearance Pyramid (AAP). An AAP utilises the power of local feature searching and shape regularisation algorithms like a part-based model. Meanwhile it enhances the robustness of part searching with multi-scale local feature descriptors. Compared to CLMs, AAPs are more robust to initialisation having a wider capture range, plus individual landmarks on the shape are less prone to becoming trapped in local minima. Moreover, an AAP is able to model the anatomical variations among the population and reconstruct delicate appearance as well if not better than AAMs, and have superior performance in computational efficiency and precision. Our work differs from the previous part-based models in that instead of fitting the shape, we focus on a parametric representation which can model and visualise the whole appearance variations within an object class, and fit the model to new instance to obtain the parametric representation of both the shape and appearance. The main contributions integrated in the proposed method are threefold: (1) A multi-scale Local Feature Pyramid (LFP) as the part delineation which offers a comprehensive description of the local feature and shows resistance to local minima; (2) An efficient AAP fitting algorithm derived from the weighted Lucas and Kanade (LK) methods (Lucas et al., 1981); (3) A shape regulariser integrating multiple landmark candidates from the LFPs, with a closed-form solution of the maximum likelihood (ML) shape.

In this paper, we detail how AAPs are constructed, trained and fitted and demonstrate that the appearance of an object can be delineated with multi-scale parts and that an associated deformation can be approximated by a set of locally rigid transformations of the parts. We set out the context of the problem in section 2 and detail the AAP in section 3. In section 4 we derive an efficient fitting algorithm based on the weighted LK method and a regulariser utilising multi-scale landmark candidates. In section 5 we apply 2D AAPs for modelling and fitting of lumbar vertebrae in axial and parasagittal MRI slices, which exhibit varied LSS. We demonstrate their performance against AAMs and CLMs by measuring the convergence range, segmentation accuracy and reconstruction precision. We also present experiments of 3D AAPs validated on CT data of the pelvis focussing on the hip joint. We compare the storage, computational saving as well as the segmentation and reconstruction quality against AAMs. We conclude with a discussion of the relative merits of AAPs and give proposals for further improvement. 1

2. Background

The range of object representation and active fitting methods proposed in the literature strive to improve performance and precision. The methods have thus been adapted in various ways: to allow the prior models to compactly capture variation yet be able fit to unseen instances containing pathology; and prevent the fitting becoming trapped in local minima whilst maintaining a simplicity in object parametrisation and efficiency in fitting. We consider the challenge of local minima during fitting and how the choice of delineation (parametrisation) of objects can resolve this problem, but also result in a more flexible parts model which is efficient.

2.1. Local minima

Local minima are a problem facing all shape and appearance based methods. They not only reduce the convergence range, which affects the initialisation, but also introduce large errors to the fitting results. In both holistic and part-based methods, a coarse-to-fine strategy is often employed, which naturally increases the ‘capture range’ of the initialisation. However, even if at the finest level the model is close to the desired solution, the occurrence of local minima is still likely to divert the model from it (Brunet et al., 2009).

Part-based models such as CLMs are plagued by the local minima problem due to their small local support and the large appearance variation. The most effective strategy is to manipulate the scale. For instance, an efficient constrained mean shift method is proposed by Saragih et al. (2009, 2011), in which a varying kernel density estimate (KDE) is applied to perform coarse-to-fine fitting. The method starts with a smooth unimodal Gaussian model, and refines the fidelity by reducing the smoothness and increasing the number of modes. Roberts et al. (2009) searches for the local patches with coarse-to-fine resolution and use the results as an initialisation for the AAM fitting.

Tresadern et al. (2009) use a hierarchy of shape models to extend the CLM where the relationships between landmarks at each level is modelled by a MRF: the local models ‘select’ the best candidate points and the global model acts as a regulariser. They demonstrate an improvement in performance over CLMs. Despite the optimisation in feature searching algorithms, the choice of the feature scale (size of the image patches) itself is a trade-off between the location specificity and textural properties. Also the features at different landmarks themselves can have salient edges at varying scales (see for example Fig. 2(b)), therefore an unitary scale for the descriptors

1Videos as well as other supplementary materials are available online at http://sites.google.com/site/activeappearancepyramids/.
across all landmarks will not capture faithfully all the salient features. We confirm that a LFP combining multi-scale local features at each landmark gives a more comprehensive description, and the shape fitting with multiple landmark estimations shows an ability to resist local minima.

2.2. Object class representation

In medical images, structural degeneration is often seen with the local appearance changes. For example in MRIs of patients with LSS, vertebral degeneration is often seen as an abnormal shape along with local intensity changes which could indicate facet joint thickening (Fig. 5(b)) and/or disc herniation (Fig. 5(c)) and occasionally inflammation or fractures. In this instance, because the intensity and structural variations are related and coupled, a combined parametric delineation of shape and appearance could therefore offer a more robust segmentation. Representative methods using combined model are AAMs and CLMs.

AAMs have proven successful, but face challenges in the context of medical image analysis because: (i) AAMs model the inner region of the shape mesh, but for organs with convex shapes, a large proportion of textures of the inner region offers limited information while consuming a majority of the computational resources. Instead, there can be richer information lying around the landmarks, at the periphery of an organ boundaries. Modelling the neighbourhood background can remedy this problem (Steinmann, 2004) but with an additional computational burden. (ii) The memory usage and computational cost increases significantly when modelling volumetric data. The efficiency is reduced by the image warping process, which is both expensive and complex to implement. Although there have been attempts to improve the tractability of 3D AAMs (Mitchell et al., 2002; Andreopoulos and Tsotsos, 2008), they have to either endure a large memory usage and slower speed, or sacrifice the precision by subsampling the data.

In contrast to a holistic approach, CLMs describe the object with an assembly of local parts (patches) at key features. The parts are assumed to be conditionally independent of one another, an assumption that has demonstrated superior performance in computation and generalisation. This form of delineation readily allows integration with advanced feature searching techniques (Saragih et al., 2011), and shape optimisation methods, e.g., a Bayesian inference (Cristinacce and Cootes, 2008) or density estimation (Kirschner et al., 2011). However a deficiency is that as a coarse delineation none of current methods give consideration to unbiasedly utilising, encoding and re-constructing the entire object appearance. We therefore introduce a more delicate part-based appearance model which can enhance the robustness and precision but also parametrise the whole appearance for subsequent classification tasks such as diagnosis and grading.

Our approach is to start with a part-based model, by parametrising objects as an assembly of object parts, but with the parts being multi-scale local appearance captured by a LFP. This multi-scale approach overcomes problems of local minima when searching for landmark locations, and the pyramid allows the appearance model to fully cover the object interiors and capture the landmark context, allowing the resulting AAP to have generative capabilities. The part-based form also gives us flexibility in our choice of fitting strategy.

3. Active appearance pyramid

Object delineation is to parametrise a class of objects with coherent coefficients, usually encoding either the shape or a combination of shape and appearance. It is an essential process to establish correspondence between features across a training set and build a statistical model. In part-based methods, the objects are delineated by local patches centred at the landmarks and the spatial relationship of the landmarks.

Prior knowledge of the shape variations is learned from training samples, and used to regularise the shape instance in new images. A shape can be described by a point distribution model, s = [x₁, x₂, ..., x_N], in which xᵢ is the coordinate of the i-th landmark, i.e., xᵢ = [xᵢ, yᵢ] in 2D or xᵢ = [xᵢ, yᵢ, zᵢ] in 3D. Given a set of training images with landmarks, we can generate a statistical model of shape variation using PCA (after Procrustes analysis), which yields the eigenvalues and the eigenvectors of the covariance matrix. Preserving the first t significant coefficients we have the eigenvalues {λ_j}^t_j=1 and the eigenvector matrix P spanning a subspace. A shape can be projected to the subspace by,

$$b = P^T(s - \bar{s}),$$

in which \(\bar{s}\) is the mean shape and \(b \in \mathbb{R}^t\) are the shape parameters in the subspace.

3.1. Local feature pyramids

The local appearance at a landmark is typically described by an image patch at a certain scale. For sharper structures, a smaller scale can give more precise pixel location. At blurry structures however, the scale should be large enough to cover distinguishable textural information. A good feature descriptor is expected to have a high spatial specificity (pixel location) while maintaining good distinctive ability (textural properties). Due to the uncertainty principle in signal processing (Wilson and Spann, 1988), a single scale patch cannot achieve both. We therefore propose a multi-scale part descriptor, with the smaller scales containing local high frequency features, and the larger scales low frequency components.

A L-level LFP at a landmark consists of L patches centred at it with increasing scales and decreasing resolutions in octave intervals. The first level patch is the smallest one with the finest resolution. A patch in the l-th level has l octaves larger scale and lower resolution, which keeps the same size in pixel across all levels, see the 2D and 3D examples in Fig. 1. The representation is reminiscent of a wavelets description in which to obtain high specificity in both location and frequency, the signal is expanded over a number of scales in octave intervals forming a joint time-frequency tiling (Herley et al., 1993).

A robust landmark searching can be implemented by performing the feature detection at individual scales and combining the results. The LFP at a landmark is denoted as \(\{A_l\}_{l=1}^L\), with patch \(A_l\) giving the profile of the local feature at the l-th
2. Enhanced distinctive ability, see Fig. 2(b). Local features are salient at certain scales, and the salient scale can vary across the landmarks. As noted earlier, a single-scale descriptor will either be too small to capture the texture or too spread-out to give its precise location. In comparison, the feature pyramid can preserve the salient features at whatever scales it appears (e.g., the red patches in Fig. 2(b)).

3.2. Active appearance pyramid

An AAP is a part-based model with each part delineated by a LFP. The AAP consists of two elements: \( \{ A, s \} \), with \( A \) being the assembly of the feature pyramids and \( s \) the shape. To reduce the overlap at coarser levels, we ‘trim’ the AAP and keep fewer patches at landmark intervals at the larger scales. The principle of trimming is to obtain an even coverage of the appearance at each level, see Fig. 3(b). In practice, a simple trimming algorithm can be designed to iteratively delete the landmark which has least distance from its neighbourhood until a distance criterion is matched. Alternatively the landmark to preserve can be selected by hand to highlight the anatomical features of interest. Denoting \( K \) as a subset of natural numbers \( \{ 1, \ldots, N \} \) indicates the landmarks preserved at the \( i \)-th scale. The assembly of the trimmed parts can be denoted as \( A = \{ [A_i]_{i \in K} \}_{i=1}^{L} \) see Fig. 3(d) for the example. \( A \) is then flattened into a 1D vector serving as the profile of the whole object appearance.

Given the training set we can extract an \( A \) from each image and obtain a set of training data \( \{ A_1, A_2, \ldots \} \). By extracting the local features from the corresponding landmarks, the shape variation in the training set has already been removed and a better pixel-to-pixel correspondence achieved, therefore \( A \) can be viewed as ‘shape-free’ appearances and an extra image warping as necessary in AAMs is avoided. It should be noted that at larger scales, the structural deformation might be included. However this is acceptable because larger scales have lower resolution and therefore are less sensitive to the shape variations. \( A \) can be visualised by recovering the dimension and location of each feature patch, padding and placing smaller scale patches on top of larger ones, see Fig. 3(c). To obtain a statistical model of the shape-free appearance, we normalise the mean and variance of each \( A \) and apply PCA on the training samples. A new instance can be linearly modelled by,

\[
A = \bar{A} + P_{A}b_{A},
\]

in which \( \bar{A} \) is the mean, \( P_{A} \) spans the eigenspace and \( b_{A} \) is the appearance parameters in the subspace.

4. Active appearance pyramid fitting

The AAP is parametrised by the appearance of the assembly of parts as well as the shape capturing spatial relationships. It therefore fits and synthesises new instance by adjusting global appearance parameter \( b_{A} \), and estimating local translations for individual patches with a regulariser imposed on the shape \( s \). We follow the two-step fitting strategy commonly used in part-based models, i.e., local feature searching followed by a geometrical regularisation.
4.1. LK based simultaneous local feature searching and appearance fitting

The LK algorithm attempts to find the parameters \( p \) to minimise the difference between a template \( T \) and a source image \( J \),

\[
p = \arg \min ||J(p) - T||^2, \tag{4}
\]

where \( p \) can be image translation or warping. To enhance the robustness and efficiency respectively, two extensions have been made, namely weighted LK and inverse gradient descent (Baker and Matthews, 2001). The weighted LK can be posed as,

\[
p = \arg \min ||J(p) - T||^2_Q, \tag{5}
\]

where \( Q \) is the weighting matrix usually representing a linear transform such as a subspace projection in the AAMs (Matthews and Baker, 2004), weighted subspace projection (Nguyen and La Torre, 2008), or Gabor filtering in the Fourier LK (Ashraf and Baker, 2004), weighted subspace projection (Nguyen and Matthews, 2001). The weighted LK can be posed as,

\[
p = \arg \min ||J(p) - T||^2_Q, \tag{6}
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Suppose we also have the variance $\sigma_{ij}^2$ of the prediction $\Delta x_{ij}$, which could indicate the salience of the feature or the confidence of the prediction. To keep it simple, we calculate the variance as the mean squared difference between the patch observation and the template. Using a Gaussian parametric form and applying the product combination in (2), the likelihood of the location of the $i$-th landmark given the multi-scale predictions can be represented by,

$$p(x_i|A_{ij}) = \prod_I N(x_i; \hat{x}_{ij}, \sigma_{ij}^2),$$  

(11)

where $\hat{x}_{ij}$ are the updated landmark estimated by adding $\Delta x_{ij}$ to the current location. The advantages of combining the multi-scale predictions are given in section 3.1. We show next how to integrate the predictions into a shape regulariser.

### 4.2. Shape regularisation

The shape can be either bounded by a subspace constraint (Cerrolaza et al., 2011) as in standard ASMs or optimised by a regulariser using, e.g., density estimation (Kirschner et al., 2011; Zhang et al., 2015), a Bayesian model (Cristinacce and Cootes, 2008), or sparse shape composition (Zhang et al., 2011, 2012), leading to more efficient fitting. It has been shown that utilising multiple predictions of individual landmarks can result in robust fitting. For example, in Gu and Kanade (2008) multiple candidates at a landmark are generated, then the best one is selected and the others are regarded as false positives. There have been multi-scale shape models (Seiler et al., 2012; Cerrolaza et al., 2015) to characterise the population variations in a more accurate and robust way. To keep our method simple, we show how a standard Gaussian shape model can be integrated with multi-scale landmark predictions.

We assume that all of the multi-scale predictions from LFPs are valid, but with various weights across the landmarks and scales controlled by their variances, and deduce a regulariser to obtain the ML shape with respect to the shape prior and the multi-scale landmark predictions. Specifically, the likelihood of a shape instance given the shape prior $\Omega$ and image observation $I$ can be represented as $p(s|\Omega, I)$. Since $\Omega$ and $I$ are conditionally independent, from Bayesian theory we have,

$$p(s|\Omega, I) \propto p(s|\Omega)p(s|I).$$

(12)

Assuming the shape parameters $b$ are Gaussian distributed across the population, the prior factor can be written as,

$$p(s|\Omega) \propto \prod_I \exp \left( -\frac{b_j^2}{2\lambda_j} \right),$$

(13)

in which $b_j$ is the $j$-th element and $t$ is the dimension of $b$.

In an AAP we obtain shape observations from multiple scales, and at each scale a subset of landmarks is estimated. In order to infer the optimal shape from this information, we first consider the two following questions: (1) At a certain level $l$, given the observation of a subset of landmarks in $\mathcal{K}_l$, how to deduce the whole shape based on the shape prior; (2) Given multiple predictions of a shape, how to calculate the ML shape in terms of these predictions.

Inferring the whole shape from a subset of landmark estimations. At a single scale $l$ of a trimmed AAP, we can only obtain the estimations of a subset of ‘key’ landmarks, $\hat{x}_i$, $i \in \mathcal{K}_l$ with variances $\sigma_{ij}^2$. To estimate the whole shape from this information, the remaining ‘empty’ landmarks can be inferred based on the key landmarks and the shape prior. Specifically, as we have no observation of the empty landmarks, their likelihood can be modelled as a Gaussian with infinite variance, which assumes all locations are equally likely. In this way we can write the likelihood for all landmarks observed from scale $l$ as,

$$p(x_i|I) = \begin{cases} N(\hat{x}_{ij}, \sigma_{ij}^2), & i \in \mathcal{K}_l \\ N(\theta, \text{Inf}) & i \notin \mathcal{K}_l \end{cases}$$

(14)

Accordingly the shape observation becomes,

$$p(s|I) = \sum_{i=1}^N p(x_i|I).$$

(15)

Substituting (15) into (12) and taking the negative log form we can obtain an energy function,

$$E(s) = \sum_{j=1}^t \frac{b_j^2}{2\lambda_j} + \sum_{i=1}^N \frac{(x_i - \hat{x}_{ij})^2}{2\sigma_{ij}^2}.$$  

(16)

where $\hat{x}_{ij}$ takes the value zero and $\sigma_{ij}^2$ infinite at empty landmarks. The ML shape inferred from a single scale observation can be calculated by minimising the energy function. The resulting shape is the one best fitting the prior and the key landmarks. Fig. 4(a) gives an illustration of ML shape inference in the eigen-space.

Inferring the ML shape from multiple shape observations. Given multiple shape observations $\hat{x}_i$, the likelihood of the shape can be formalised as a product,

$$p(s|I) = \prod_{i=1}^L p(x_i|I) = \prod_{i=1}^L \prod_{j=1}^N N(\hat{x}_{ij}; x_i, \sigma_{ij}^2)$$

(17)

Substituting (13) and (17) into (12) and taking the negative log form, the new energy function obtained is,

$$E(s) = \sum_{j=1}^t \frac{b_j^2}{2\lambda_j} + \sum_{i=1}^L \sum_{j=1}^N \frac{(x_i - \hat{x}_{ij})^2}{2\sigma_{ij}^2}.$$  

(18)

The shape minimising (18) is the ML shape with respect to the prior and all the landmark observations available. It seeks an optimal solution balanced between the prior and the observations, the weights of which is determined by the confidence of observations, see Fig. 4(b) for an illustration.

In practice a weighting parameter is added to balance the shape prior and the feature observation giving greater control, and the equation becomes,

$$E(s) = \sum_{j=1}^t \frac{b_j^2}{2\lambda_j} + \beta \sum_{i=1}^L \sum_{j=1}^N \frac{(x_i - \hat{x}_{ij})^2}{2\sigma_{ij}^2}.$$  

(19)
Instead of numerical optimisation, observing the homogeneous form of the equation, we derive a closed-form solution, (see Appendix 1):

\[ s = (PA^{-1}P^T + \beta \sum_{l=1}^{L} \Sigma_l^{-1})^{-1}(PA^{-1}P^T \bar{s} + \beta \sum_{l=1}^{L} \Sigma_l^{-1} \hat{s}_l), \]  
(20)

where \( \Lambda = \text{diag}(\{\lambda_1, ..., \lambda_t\}) \) and \( \Sigma = \text{diag}(\{\sigma^2_{1,\ell}, ..., \sigma^2_{N,\ell}\}) \). The value of \( \beta \) is set to 1 in our experiments.

4.3. Reconstruction of the object appearance

As the shape of the object is fitted using the method presented above and the appearance is encoded in the parameters \( b_A \), we can recover the object information from the parameters. The reconstructed object can be visualised by first recovering the ‘shape-free’ appearance \( \mathcal{A} \) by (3) and then padding the multi-scale patches in \( \mathcal{A} \) at the corresponding position, with the smaller scales layered on top of larger ones.

The implementation of the whole algorithm is outlined in Algorithm 1.

5. Experiments and results

To validate the AAP we mark up and run experiments on routine MRI scans from 200 studies with a variety of LSS related symptoms and perform cross-fold validation. For assessing quantitative performance, we measure Point to Boundary Distance and Dice Similarity Coefficients. For comparative analysis, we run the same data using implementations of AAM and CLM to assess convergence range, segmentation precision and, reconstruction appearance with AAMs. To demonstrate the performance on 3D data, we build AAP models on CT volumes of the hip joints of 38 patients suffering from degrees of femoroacetabular impingement. We comparatively assess the computational cost against AAM, the mean surface errors and reconstruction quality.

5.1. 2D experiments on the lumbar vertebral images

5.1.1. Clinical background

Lumbar spinal stenosis is a common disorder of the spine. Disc-level axial images and parasagittal images are inspected for the diagnosis of central and foraminal stenosis, see Fig. 5. In the axial images, conditions of the posterior margins of the disc (red line), posterior spinal canal (cyan line) and the facet between the superior and inferior articular processes (green line) are typically evaluated for diagnosis and grading. Degeneration of these structures can constrict the spinal canal and the neural foramen causing central and foraminal stenosis. An example with foraminal stenosis is given in Fig. 5(b), in which the neural foramen is constricted by the thickening of the facet (green circle area) and the posterior margin of the disc. Fig. 5(c) shows a case of central narrowing caused by a disc herniation. In parasagittal images, the nerve foramen (Fig. 5(d) red contours) are inspected to assess foraminal stenosis. In clinical practice, parameters such as antero-posterior diameter, cross-sectional area of spinal canal on axial images and foraminal diameter on parasagittal images are typically used to quantify the severity of LSS (Steurer et al., 2011). However there is a lack of consensus in the literature and no diagnostic criteria are generally accepted (Ericksen, 2013). As the pathologies exhibited
in different areas are usually related, a more specific parametrisation and fitting of the structure, followed by a higher-level classification could contribute to more reliable, consistent and accurate diagnoses.

5.1.2. Validation

Data. The clinical data consists of axial and sagittal T2-weighted MRI scans of 200 patients with varied LSS symptoms. Each patient has routine anisotropic axial and sagittal scans. From the axial scans we obtain a dataset of 200 disc-level axial images on each of the three intervertebral cross-sections, with the features of interest expertly annotated with 37 landmarks. From the sagittal scans we extracted 400 parasagittal images (200 on each side) around L3/4, L4/5 and L5/S1 nerve foramina respectively. The contour of each foramen is annotated by 13 landmarks. The annotated data are used for the training as well as serving as the ground truth.

Parametrisation. For axial images, the AAP is built with four level feature pyramids (see Fig. 3(b)). The patch size is 15 × 15 pixels. Similarly, for parasagittal images we use a three level AAP with the patch size of 9 × 9 pixels.

In order to visualise the statistical variation among the population caused by LSS, we concatenate the appearance parameters $b_A$ and shape parameters $b$ appropriately weighted for an equivalent variance. PCA is then applied to obtain the joint model. Fig. 6 shows the mean and the most significant variation of axial intervertebral anatomies L3/4 and L5/S1. Fig. 7 gives the mean and the first variation of the three intervertebral foramina. The first mode obtained by standard AAM reconstruction is also given in these cases for comparison. We can see that the AAP preserves more delicate features and richer information.

Cross-fold validation. For each of the three axial datasets we randomly pick 40 samples as training data and test the methods on the remaining 160, and repeat for several times for an unbiased validation. Similarly for each of the 3 parasagittal dataset we randomly pick 40 samples for the training and test the methods on the remaining 360 and repeat.

Two measurement criteria are used for the evaluation: the Point to Boundary Distance (PtoBD) in pixels and the Dice Similarity Coefficients (DSC) (Popovic et al., 2007). DSC is defined as the amount of the intersection between a segmented object and the ground truth, $DSC = 2 \cdot TP / (2 \cdot TP + FP + FN)$, with TP, FP, FN denoting the true positive, false positive and false negative values respectively. For the axial images, the DSC of the canal and disc contours between the fitted shape and the ground truth is used as the criterion of segmentation precision.

We compare the proposed AAP with three popular methods: AAMs (Matthews and Baker, 2004) as a standard holistic method, ASMs as a widely used shape model, and CLMs (Cristinacce and Cootes, 2008) as a popular part-based approach. For consistency, in the CLMs we use the same patch size as in AAP.
Figure 8: Successful convergence rate of compared methods on lumbar intervertebral slices L3/4, L4/5 and L5/S1. Top row: comparison with the single scale methods. Bottom row: comparison with the coarse-to-fine version of these methods (denoted by (*)). AAP shows a significant superior performance in convergence range against all three methods, as well as robustness against the coarse-to-fine implementation of these methods.

5.1.3. Results

Convergence range. We run displacement experiments on the axial images to test the convergence performance of the three methods. The shape of each testing image is initialised as the mean shape with a three-pixel displacement from the true position in random directions. The searching algorithms are then applied to the image. We say a case converges if the final DSC is larger than 0.8. Fig. 8 shows the proportion of converged cases with different initial displacements on L3/4, L4/5 and L5/S1 respectively. Compared methods are AAM, ASM and CLM as well as their coarse-to-fine implementations at three scales. We can see in Fig. 8(a)(b)(c) that AAPs have a significantly larger convergence range over all three methods. In Fig. 8(d)(e)(f) we observe that although coarse-to-fine implementations can improve the overall convergence range of the three methods, the failure rate increases as well. For example they have much lower successful convergence rates at the zero initial displacement, which means in low quality or challenging cases, the shape could diverge at the coarse level because of lack of texture details. This further support our argument of combining multi-scale features to enhance the robustness. The improvement of AAP is on account of the multi-scale LFPs. The larger scales ensure a wider capture range, while the smaller scales take effect as soon as it gets into the convergence range.

Precision of segmentation. For each testing case, the shape is initialised as the mean shape with a three-pixel displacement from the true position in random directions. To demonstrate the benefit of using the multi-scale local feature pyramids as feature descriptor, we report the performance of AAP with different number of scales in Fig. 9. We can see that in all three subsets the fitting error reduces with the increasing number of scales.
scales utilised.

Due to the higher failure rate of the coarse-to-fine approaches even at small initial displacements (as shown in Fig. 8), we only compare the precision of our AAP with the single scale implementation of these methods, and set the initial displacement small enough to keep them within a confident convergence range. The algorithms are then applied to fit the shape to the image. We repeat the process several times for an unbiased result. The cumulative error distribution of the DSC and PtoBD of the segmentation results on three axial dataset are shown in Fig. 10. The mean error and one standard deviation (SD) is also given in the legends for the comparison. We can see that AAP achieves the best precision of segmentation. Meanwhile the smaller SD shows that AAP has the superior consistent performance, which is also indicated in the cumulative error distribution curves. For example, the proportion of the segmentation results with PtoBD smaller than four pixels is (97%, 97%, 96%) with AAP on three dataset respectively (see Fig. 10(b)(d)(f)), while the proportion is only (95%, 92%, 87%), (91%, 89%, 87%) and (86%, 80%, 85%) with CLM, ASM and AAP respectively.

The qualitative results of segmentation on five representative cases are shown in Fig. 11, with the difficulty increasing from left to right. The ground truth shape is shown in each case for convenience. We can see that the AAMs, ASMs and CLMs are affected by local ambiguity (highlighted by red circles) on the challenging cases and become trapped in a local minimum. We observe large proportion of outliers by AAM around the disc like the third case in Fig. 12. A possible reason is that the plain textures inside the disc contain very limited information. The AAPs shows a robust and consistent performance in all five cases.

**Comparisons of object reconstruction.** As the parameters of AAM and AAP encode both the shape and appearance information, we can reconstruct the anatomy from the fitted parameters. In addition to morphometric comparison, the quality of appearance synthesis can indicate how precise the object is modelled and appearance details are represented. We therefore quantify and compare the appearance fitting quality using the image distortion as a measurement. We calculate the error map of a synthesised appearance as follow,

$$Err(x) = \frac{[I(x) - J(x)]^2}{[I(x)]^2},$$

where \( I \) is the true image and \( J \) is the synthesised result. The synthesised appearance as well as the error map for five cases by AAM and AAP are shown in Fig. 12. We can see that AAP preserves more delicate structural details and covers larger area of contextual information. For example, the facet is precisely located and the facet texture is well preserved in all five cases. In case three and four, the AAP delineates the degenerated vertebrae and the compressed central canal more accurately than AAM does. The large errors of AAM are mainly distributed around the feature of interest where the pathology might appear. We also evaluate the overall synthesis error of a case by calculating the signal-to-noise ratio (SNR),

$$SNR = \frac{E[I(x)]^2}{E[I(x) - J(x)]^2}, \quad x \in \Omega,$$

where \( \Omega \) is the region within the shape mesh as it is the region modelled by AAMs. The means and SD of the SNR of the testing samples are reported in Table. 1. We can see that compared
Figure 11: Segmentation results on five cases, increasing in difficulty from left to right. The ground truth of segmentation is shown by yellow dash lines, fitting results are shown by cyan crosses. Red circles highlight the outliers.

Table 1: Means and SD of SNR of synthesised results by AAM and AAP.

<table>
<thead>
<tr>
<th></th>
<th>L3/4</th>
<th>L4/5</th>
<th>L5/S1</th>
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<tbody>
<tr>
<td>AAM</td>
<td>4.80±2.73</td>
<td>5.36±2.60</td>
<td>7.51±5.06</td>
</tr>
<tr>
<td>AAP</td>
<td>8.72±4.71</td>
<td>6.96±3.77</td>
<td>9.38±4.71</td>
</tr>
</tbody>
</table>

with the shape fitting results, the improvement in appearance fitting by AAP is more significant.

Reconstruction of neural foreman. We also report the qualitative results of reconstruction of neural foramina on parasagittal images in Fig. 13. We observe that the inner region of the foramen can provide very limited information for a robust fitting as they are nearly convex contours, which is the cause of the degraded performance of AAM.

Figure 13: Fitting and reconstruction results of neural foramen on five cases. Top: Testing data; Middle: Reconstructed appearance by AAMs; Bottom: Reconstructed appearance by AAPs.
5.2. Segmentation and reconstruction of 3D hip joint data

5.2.1. Data

We apply the 3D AAP on the parametrisation and segmentation of the hip joint in CT of patients with femoroacetabular impingement. The data are pre-interpolated to obtain an isotropic voxel size of 1 mm. The femoral head and acetabulum are annotated by 427 and 254 points marked up by experts. We build two AAP models delineating these two anatomies respectively. Both models are composed of four-level cubic patches with a consistent size of $9 \times 9 \times 9$ voxels. A cross validation is performed on 38 CT volumes, i.e., randomly picking 19 samples as training data, and testing on the remainder, and repeating.

5.2.2. Computational efficiency

The AAP model parametrising the femoral head consists of 617 patches with size of nine-voxels cubed, which is 449,793 voxels for each instance. As a comparison, the AAM uses a $92 \times 96 \times 96$ volume which consists of 847,872 voxels. Thus the AAP uses 53% of voxels compared with the AAM, while covering a much larger contextual region and preserving a full resolution of the features of interest such as the articular surface. Similarly, a second acetabulum model uses 58% voxels of the AAM does.

We tested the time consumed by the AAM and AAP for training and fitting using a quad-core 3.2GHz processor with 16GB memory. Both algorithms were implemented in MATLAB, with the intensive computations of the AAM compiled in C++ language to boost its performance. We observe that it

2As the object appearance is synthesised and parametrised, we can animate the progress of anatomical degeneration by varying the parameters from a normal case (e.g., mean appearance) to the current one, which could help the doctors and patients to understand the degeneration. Several animation examples are given at: https://sites.google.com/site/activeappearancepyramids/.
takes 170 ms to generate a shape-free appearance of femoral head by warping the volume, after compilation in C++. As a comparison, the most intensive computation of AAP, i.e., to generate the Appearance Pyramid by extracting subvolumes from the data, takes only 40 ms in MATLAB. We report the time consumed by each principal task on the femoral head data in Table 2. We can see that the AAP consumes less than 10% the training time and 15% the testing time of the AAM.

![Figure 14: (a) The mean shape of the acetabulum (red) and femoral head (blue). (b) The mean appearance of the two anatomies generated by AAM (top) and AAP (bottom).](https://sites.google.com/site/activeappearancepyramids/)

<table>
<thead>
<tr>
<th>Process</th>
<th>AAM</th>
<th>AAP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Loading data:</td>
<td>18.0 s</td>
<td>18.0 s</td>
</tr>
<tr>
<td>Training:</td>
<td>45.8 s</td>
<td>7.4 s</td>
</tr>
<tr>
<td>Total:</td>
<td>53.2 s</td>
<td></td>
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</tbody>
</table>

### 5.2.3. Precision of segmentation and reconstruction

We compare the performance of AAP with AAM in segmenting the femoral head and acetabulum. The mean shape of the two anatomies is shown in Fig. 14(a). The mean appearances generated by the AAM and AAP are given in Fig. 14(b). We calculated the vertex-to-surface errors to assess the quantitative performance of the segmentation. The mean errors at individual vertices are visualised on the mean shape mesh in Fig. 15. The mean value of the overall errors and the SD across data and tests are also given at the bottom. We can see that the AAP has a significantly smaller mean error: 0.79 voxels versus 1.06 voxels on the acetabulum, and 0.74 voxels versus 0.96 voxels on the femoral head. In addition, the smaller SD indicates the robustness of AAP across the cases.

![Figure 16: Qualitative results of the reconstruction. Shown are the testing data (left), and the appearance modelled and fitted by AAM (middle) and AAP (right).](https://sites.google.com/site/activeappearancepyramids/)

Fig. 16 shows the fitting and reconstruction results of the acetabulum and femoral head on a case by the AAM and AAP respectively. Another case is shown with cross-sections in Fig. 17 to give a clearer view. Anatomies in each figure are shown in the same size ratio. The AAP syntheses cover a larger contextual region, which is why they appear to be larger. We can see that the AAP preserves sharper and more precise structures. Whereas in the AAM the reconstruction is blurred and with noticeable distortion.

### 6. Conclusions

We presented a part-based appearance model we refer to as an AAP. A simultaneous landmarks searching and appearance fitting algorithm was derived based on the weighted Lucas and Kanade method. We introduced a shape regulariser utilising multi-level landmark estimation, and derive a closed-form solution to the maximum likelihood shape. The AAP can parametrise an object class and synthesise new instances as an AAM does. However, the AAP differs from holistic AAMs in two respects: (i) AAMs model intra-class variations with local affine transforms, while AAPs approximate the deformation with local translations of multi-scale parts; (ii) AAMs model the inner region of the shape mesh while AAPs cover the contextual information with multiple resolutions. We ran experiments to validate its performance and highlighted its advantages in several respects:

1. **Computational efficiency**. Computational cost has been a main limitation in existing appearance models tackling volume data. Compared with the AAMs, an AAP keeps full resolution of salient features, with reducing resolution further away from landmarks, which covers larger context but consumes less memory. AAP training and fitting is much faster because no image warping or interpolation is needed. The time consumption for both training and testing is linear to the number of samples in the dataset, so we can expect a time saving of 10% / 15% in training / testing correspondingly for large datasets. It also has a simpler form and is easier to implement.

2. **Fitting precision and robustness**. The AAP spreads outside the shape mesh and captures more contextual information. Compared with AAMs and CLMs, the multi-scale feature descriptors enhance both position specificity
and textural distinguishing ability, result in a superior fitting precision and robustness to local minima. The larger convergence range also makes it more robust to initialization.

3. Precision of parametrisation and reconstruction. We observe a more delicate and precise reconstruction result in AAP. The better quality of reconstruction indicates two facts. Firstly, it captures and utilises more precise object appearance for shape fitting, which is demonstrated by its better segmentation performance. Secondly, it indicates that the more delicate and richer appearance is parametrised and encoded in the AAP parameters. As a result, it should contribute improved performance for the subsequent diagnostic tasks.

Our possible further work will involve the use of a more sophisticated shape prior such as sparse shape composition (Zhang et al., 2012) and Independent Component Analysis (Zhao et al., 2014), and investigating into integrating them with multiple landmark candidates from LFP. For the study of LSS, we are designing and testing classification algorithms based on the AAP delineation. It has been shown in literature that combining shape and local features in CLM can result in a robust classification in clinical tasks (Zhao et al., 2014). As the AAP achieves a higher precision and gives a more delicate and unbiased delineation, we expect it could contribute to a practical LSS diagnosis and grading system.

Appendix A. Derivation of the closed-form solution to the optimal shape

The maximum likelihood shape is the one minimising the energy function,

$$E(s) = \sum_{j=1}^{t} b_j^2/2\lambda_j + \beta \sum_{j=1}^{L} \sum_{l=1}^{N} (x_{ij} - \hat{x}_{ij})^2/2\sigma_{ij}^2,$$
(A.1)

which can be rewritten in a matrix form,

$$E(s) = \frac{1}{2} b^T \Lambda^{-1} b + \frac{1}{2} \beta \sum_{j=1}^{L} (s - \hat{s}_j)^T \Sigma_j^{-1} (s - \hat{s}_j),$$
(A.2)

where $\Lambda = \text{diag}(\lambda_1, ..., \lambda_t)$ and $\Sigma_j = \text{diag}(\sigma_{1j}^2, ..., \sigma_{Nj}^2)$, $b$ is the vector of shape parameters and $s$ is the shape. Equation A.2 has the typical form of an energy function for shape regularisation, with the notable difference that the second term is a
summation of multiple predictions. Substituting (1) into (A.2) gives,

\[
E(s) = \frac{1}{2} (s - \bar{s})^T P \Lambda^{-1} P^T (s - \bar{s}) + \frac{1}{2} \beta \sum_{l=1}^{L} \Lambda^{-1} \sum_{j=1}^{J} (s - s_j).
\]  

(A.3)

The optimal value of \( s \) is the one minimising \( E(s) \), obtained by solving the equation:

\[
\frac{dE(s)}{ds} = P \Lambda^{-1} P^T (s - \bar{s}) + \beta \sum_{l=1}^{L} \Lambda^{-1} (P \Lambda^{-1} P^T s + \beta \sum_{l=1}^{L} \Lambda^{-1} s_j) = 0.
\]  

(A.4)

The solution is,

\[
s = (P \Lambda^{-1} P^T + \beta \sum_{l=1}^{L} \Lambda^{-1} (P \Lambda^{-1} P^T s + \beta \sum_{l=1}^{L} \Lambda^{-1} s_j))^{-1} (P \Lambda^{-1} P^T s + \beta \sum_{l=1}^{L} \Lambda^{-1} s_j).
\]  

(A.5)

References


