STANDARDS AND MEZZE
PLAIN FLATBREAD £3.95
GARLIC FLATBREAD £4.50
RUSTIC BREADS WITH BALSAMIC AND OLIVE OIL £4.25
MARRINATED OLIVES £3.75
SMOKED HUMMUS £5.50
Served with warm flatbread
PISTACHIO AND FETA DIP NEW £5.50
Creamy feta and pistachio dip served with warm flatbread
BABHA GHANOULI £5.50
Smoky aubergine and lemon dip served with warm flatbread
MUHAMMARA £5.50
Red pepper, walnut and garlic dip served with warm flatbread
PERSIAN THREE DIP SHARING PLATTER £10.50
Three of our delicious dips served with warm flatbread
L'E GUSTA SOUP OF THE DAY £4.95
A freshly made hearty soup
HONEY AND TAMARIND PRAWNS NEW £6.50
Whole king prawns marinated in honey and tamarind then chargrilled
CHICKEN BOREK NEW £5.95
Stuffed chicken, fruit, nuts and honey in filo parcels served with date chutney
LAMB KOTTE NEW £5.95
Spicy lamb kotte served with salad and mint yoghurt
HALLOUMI FRIES £5.50
Deep fried fingers of halloumi cheese served with pomegranate jam

PIZZAS AND FLATBREADS

CLASSIC MARGHERITA £9.50
Pomodoro, mozzarella, oregano and olive oil
CHICKEN, SPINACH AND RED PESTO PIZZA £10.95
Pomodoro, mozzarella, chicken, spinach and red pesto
FENNEL, SALAM AND CAPERS NEW £10.95
Pomodoro, mozzarella, fennel salami and caper berries
PARMA HAM AND PEPPERONI £10.95
Pomodoro, mozzarella, parma ham and pepperoni
THE REAL HAWAIIAN £10.25
Pomodoro, hand carved ham and fresh chargrilled pineapple
HARISSE VEGETABLE AND SPINACH NAKED £10.50
Pomodoro, harissa roasted vegetables and spinach
CARNIVORE £11.95
Pomodoro, mozzarella, pepperoni, bacon, chilli beef and jalapenos
LAMB AND PUREED AUBERGINE GOZLEME NEW £10.95
Flaky flatbread filled with lamb and pureed aubergine in a water thin flatbread
FETA, SPINACH AND SPRING ONION GOZLEME NEW £10.50
Wheat thin flatbread filled with feta cheese, spinach and spring onion, served with a mixed salad
MUHAMMARA AND HALLOUMI FLATBREAD NEW £9.50
Red pepper, walnut and garlic sauce topped with crumbled halloumi and finished with fresh rocket

CALZONE
LE GUSTA CALZONE £12.95
Stuffed with pepperoni, Pomodoro, mozzarella, ham, chilli beef and red onion served with a mixed salad
FUNGI CALZONE £12.95
Pomodoro, feta, field mushrooms, spinach and black olives served with a mixed salad

LE GUSTA BETTER BURGERS
BEEF £10.95
Prime 6oz homemade British beef burger with tomato, lettuce and pomegranate jam served in a sourdough bun with pickled gherkin and chips. Spice it up with sriracha or add cheese or bacon £1.00
FALAFEL £10.25
Spicy falafel burger with tomato, lettuce and topped with smoked houmous, served in a sourdough bun with pickled gherkin and chips. Add cheese £1.00
SMOKY BARBECUE CHICKEN NEW £10.95
Chicken fillet marinated in smoky barbeque sauce, chargrilled and served in a sourdough bun with lettuce, tomato and a side of chips
Or simply go naked on any burger, served with rainbow slaw. Substitute sweet potato chips for £1.00

MAINS
RIBEYE STEAK, HARissa MASH AND CHIMICHURRI £14.95
21 day aged rib eye steak with harissa mash and spicy green herb salsa
MEATBALL AND MOZZARELLA BAKE £10.95
Beef and lamb meatballs oven baked in a tomato and garlic sauce with melted mozzarella, served with crusty bread
PERSSIAN CHICKEN BRYAHI NEW £11.50
Fragrant Persian spiced chicken served with pilau rice, cashews and sultanas
AUBERGINE CHERMOULA £10.95
Ragout of tender spiced aubergine, red pepper, tomato and raisins served with cous cous
SPINACH AND RICOTTA RAVIOLI £10.25
Pasta parcels of spinach and ricotta topped with sautéed chestnut mushrooms and fresh sage
SEABASS LINGUINE NEW £13.95
Panfried fillets of seabass set on linguine with soya sauce, spring onion, garlic, chilli and spinach
STEEAK AND CHIPS £10.95
Flash grilled minute steak served with chips and parsley butter. Simply delicious

SUPERFOOD SALADS
TENDERSTEM BROCCOLI, FETA AND ALMOND NEW £10.50
Long stem broccoli, toasted almonds and feta with oil and lemon dressing
FREEKEH GRAINS AND HERBS WITH MARINATED ARTICHOKE NEW £10.50
Artichokes, peas, freekeh, dressed with lemon and olive oil, mint, chilli and flat leaf parsley
Add your choice of protein to the salads above: Lemon and za’atar chicken £2.00. King prawns £3.00. Falafel £2.00.
CRISPY DUCK AND WATERMELON SALAD NEW £11.50
Crisp shredded duck with refreshing watermelon and pomegranate

SIDES
SWEET POTATO CHIPS £3.95
CHIPS £3.50
GIANT ONION RINGS £3.95
PILAU RICE £3.50
GARLIC MUSHROOMS £3.50
OXED SALAD £3.50
ROCKET AND PARMESEAN £3.50
RAINBOW SLAW £3.50

GLUTEN FREE • V VEGETARIAN • VG VEGAN • MF MEAT FREE • ❤️ GOOD FOR WELLING
PLEAS NOTE: Some of the dishes on our menus contain allergens.
If you have any questions then please speak to any member of the team who will be more than happy to help.

台阶粉面来自拉面，全麦食物相同。如果您是牛排爱好者，那么您将需要点一份由厨师特别挑选的牛排。它将配上特制的酱料，用以增加口感。如果您是素食者，可以选择素食面食，以满足您的口味。
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GUIDE TO HEALTHY EATING

Many of the dishes on our menu have ingredients which are very beneficial to our wellbeing.

Cashew nuts are a great source of niacin, a B vitamin which is known to elevate mood, a natural alternative to Prozac!

Chick peas contain vital minerals and are an aid to cleansing the digestive system and supporting the kidney function.

Watermelon can help prevent the formation of free radicals which can cause cancer and may lower inflammation and oxidative stress.

Spinach helps to regulate blood pressure, has anti cancer properties, boosts the immune system and supports bone health.

Sumac, widely used in Middle Eastern cookery, it is made from dried Rhus Coriaria berries and stimulates the digestive enzymes in the mouth.

Tomato is an antiseptic, antibacterial, anti inflammatory and supports the liver function.

Pomegranate is an excellent source of fibre and is linked with lowering blood pressure, preventing heart disease and some cancers.

Freekeh grains packed with protein, calcium and fibre.