Coaching skills for Mathematical & English Resilience

A 3-day CPD module for GCSE & Functional Skills teachers

Resilience is used to describe a positive stance towards maths & English that enables learners to overcome deep-seated negative attitudes & anxiety about studying them. It is based on the extensively researched idea that in order to be resilient a learner must:

• hold a growth mindset
• understand the personal value of maths & English
• understand how to work at maths & English
• be aware of & receive appropriate support

This 3-day course provides a follow-up to WMCETT’s popular Introduction to Mathematical Resilience and Introduction to English Resilience modules, deepening and extending the approaches introduced. The focus is on developing coaching skills as a tool to transform learners’ attitudes & approaches to maths & English, helping them to develop growth mindsets and resilience – with a wider impact on other learning.

The course is delivered by an experienced coaching specialist, and is relevant to Functional Skills and GCSE teachers, as well as vocational teachers and learning support assistants. It has proved particularly popular to those in work-based learning environments.

NOTE: Before undertaking this course, delegates should have first completed one of the introduction to mathematical or English resilience modules.
COURSE AIMS
To provide teachers with tools to transform their classroom culture & practice by:
• Raising awareness of the impact of their actions on learners’ attitudes, beliefs & behaviour
• Developing coaching techniques – including active listening, questioning & feeding back
• Using these techniques to engage, challenge & support learners
• Enabling learners to overcome affective barriers & develop resilience

CONTENT
Day 1: Coaching defined, active listening skills & managing expectations
Day 2: Developing questioning skills
Day 3: Limiting beliefs, feeding back & peer coaching

PRICING
Courses can be booked by host organisations for up to 16 staff at the following prices, with remaining places advertised to outside organisations:

<table>
<thead>
<tr>
<th>3-day course</th>
<th>Price</th>
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<tbody>
<tr>
<td>Up to 5 staff</td>
<td>£800</td>
</tr>
<tr>
<td>6-10 staff</td>
<td>£1600</td>
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<tr>
<td>11-16 staff</td>
<td>£2280</td>
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WMCETT will contribute towards catering costs for both internal & external course delegates.

COURSE ENQUIRIES
For further information about booking, please contact WMCETT project manager Julie Chamberlain: J.chamberlain@warwick.ac.uk

For information about module content, please contact WMCETT maths & English leads: Steve Pardoe (s.d.pardoe@warwick.ac.uk) & Catriona Mowat (catrionamowat@icloud.com)