An introduction to English Resilience
A one-day CPD module for GCSE & Functional Skills English teachers

*English Resilience* describes a positive stance towards learning English that enables learners to overcome indifference and, for some, deep-seated negative attitudes & anxiety about studying the subject. It is based on the idea that in order to be resilient a learner must:

- hold a growth mindset
- understand the personal value of English
- understand how to work at English
- be aware of & receive appropriate support

This one-day module introduces the key ideas of resilience and the ‘growth zone’, and how teachers can apply them to overcome affective barriers to learning English. Participants will be introduced to practical activities which make English ALIVE (*accessible, linked, inclusive, valuable, engaging*) and develop English resilience.

The course is aimed at teachers of both Functional and GCSE English working in colleges, work-based learning organisations, adult & community learning and the secure estate.

**PRICING**

Courses can be booked by host organisations for up to of their 16 staff at the following prices, with remaining places advertised to outside organisations:

<table>
<thead>
<tr>
<th>Staff Range</th>
<th>Price</th>
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<tbody>
<tr>
<td>Up to 5 staff</td>
<td>£300</td>
</tr>
<tr>
<td>6-10 staff</td>
<td>£600</td>
</tr>
<tr>
<td>11-16 staff</td>
<td>£880</td>
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WMCETT will contribute towards catering costs for both internal & external course delegates.

Commissioned and funded by the Education and Training Foundation
COURSE CONTENT

Session 1 – Identifying & addressing barriers
- Sharing personal insights
- Identifying and addressing barriers
- T.R.I.E.D. or A.L.I.V.E?

Session 2 – Developing approaches
- Anxiety and behaviour
- The growth zone model
- Developing activities
- Making English accessible & inclusive

Session 3 – Building the skills
- Developing a positive stance
- Positive classroom climates
- Developing the skills for English resilience
- Using exploratory questions

Session 4 – A path to the future
- Reflections on learning
- Making changes to practice
- Sources of A.L.I.V.E activities

COURSE ENQUIRIES

For further information about booking, please contact WMCETT project manager Julie Chamberlain: J.chamberlain@warwick.ac.uk

For information about module content, please contact WMCETT English lead Catriona Mowat: catrionamowat@icloud.com