

Equi distⁿ on some (8igh) nilmanifolds
 (joint work with G. Forni)

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General problem: Quantitative estimates on the convergence of Birkhoff averages \rightarrow for uniquely ergodic systems.

- Surface flows (Forni 2002)
- Homocycle flows (F+ Forni 2003)
- Flows on nilmanifolds.

N = nilpotent connected, simply connected Lie gp.
 $\Gamma < N$ lattice $X \in \text{Lie}(N)$.

Nil flow: $\Phi_x^t(\Gamma y) = \Gamma y \exp tX$.

$$\Gamma \backslash N \xrightarrow{\pi} \Gamma^{(1)} \backslash N^{(1)} \cong \pi^d \quad \begin{aligned} N^{(1)} &= [N, N] \\ \Gamma^{(1)} &= [\Gamma, \Gamma] \end{aligned}$$

$\Phi_x^t \mapsto \phi_x^t$ linear flow

Auslander, Green, Hahn

Φ_x^t uniquely ergodic $\Leftrightarrow \phi_x^t$ uniquely ergodic
 $\Leftrightarrow X$ irrational vector.

\mathcal{F} = space of metrics on $\pi^{-1}N$
 \mathcal{F} functions $m \in \mathcal{F}$ with zero average along fibres.

eg. $L^2(\pi^{-1}N) = \pi^* L^2(N^n / \Gamma(n))^L$

A) $\text{Ker}^3(\mathbb{R}) = \left\{ \begin{pmatrix} 1 & p & r \\ & 1 & q \\ & & 1 \end{pmatrix} \mid p, q, r \in \mathbb{R} \right\}$

$\Gamma = \text{Ker}^3(\mathbb{Z})$, $X = \begin{pmatrix} 0 & 1 & * \\ & 0 & \alpha \\ & & 0 \end{pmatrix}$

B) $M(k) = \begin{array}{c} \square \\ \xrightarrow{\pi^k} \\ \mathbb{S}^1 \end{array} = \pi^k \times_B \mathbb{S}^1$

$B(y_1, \dots, y_k) = (y_1, y_2 * y_1, \dots, y_k * y_{k-1})$

$M(k) = \text{Fix}(k)$

$\text{Lie}(\text{Fix}(k)) = \langle \xi, \rho_1, \dots, \rho_k \rangle$

$X = \xi + \alpha_1 \rho_1 + \dots + \alpha_k \rho_k, [\xi, \rho_i] = \rho_{i+1}$

(cf log series: $\sum_{n=0}^{\infty} e^{i \alpha n^k}$)

Thm: Suppose α_i satisfies $\|\alpha_i\| \geq \frac{c}{|n|^{k/2}}$

Then the flow Φ_t^X on $M(k)$ satisfies $\exists \Omega \subset M(k)$ of full measure such that $\forall f \in C_0^\infty(M(k)) \forall x \in \Omega$ and sufficiently large T we have

$$\left| \frac{1}{T} \int_0^T f \circ \Phi_x^t dt \right| \leq e_\varepsilon T^{-\frac{1}{2k(k+1)} + \varepsilon}$$

$\forall \varepsilon > 0$

Ingredients: C^∞ stability of Φ_x^t
 ε -averaging procedure.

Defⁿ. A flow Φ_x^t is C^∞ stable
 if $\{Xf \mid f \in C^\infty\}$ is C^∞ closed
 $HB \Leftrightarrow Xf = g$ admits a solⁿ
 $\Leftrightarrow g \in \ker(D)$.

$\forall D \in \mathcal{D}_X$ - space of X -inv dist^s.
 $\in (C^\infty)$

C^∞ stable with tame estimates,
 $\exists r \in \mathbb{R}$ such that

$$\|f\|_t \leq e_{tr} \|g\|_{t+r}.$$

Thm Nilflows with diophantine generators
 are C^∞ stable.

Question: How general is C^∞ -stability
 in the homogeneous setting?

Let γ be the Birkhoff average along a
 segment of orbit of length T ,
 starting at x , ending at y

$$\gamma = D + R, \quad D = \text{orthogonal projection}$$

in the n -space \mathcal{D}_X

$$f = f_D + f_R, \quad f_D \in \ker D, \quad \forall D \in \mathcal{D}_x$$

$$R(f) = R(f_D + f_R) = R(f_D) = \gamma(f_D)$$

$$[f_D = xg] \quad \gamma(xg) = \frac{1}{T} (g(y) - g(x))$$

$$\|Rf\|_s \leq \frac{2}{T} (|g(x)| + |g(y)|)$$

$$\leq \frac{2}{T} \|g\|_\infty \leq \frac{2}{T} e_{\text{sob}}(m) \|g\|_s$$

$$\leq \frac{2}{T} e_{\text{sob}}(m) \|f\|_{\sigma+r}$$

Thus: $\|R\|_{\sigma+r} \leq \frac{e_{\text{sob}}}{T}$

Rescaling

$$M = \underset{P_i}{\text{Heis}^3(\mathbb{R})} \quad \left\{ \begin{array}{l} \text{Aut}(\text{Heis}^3(\mathbb{R})) \cong \text{SL}_2(\mathbb{R}) \\ X = \text{eigenvector} \\ A = \begin{pmatrix} 2 & 1 \\ 1 & 1 \end{pmatrix} \in \text{SL}_2(\mathbb{Z}) \end{array} \right.$$

A preserves Γ

\Rightarrow A induces a diffeo ϕ_A of M
which expands orbits by a factor $\lambda > 1$.

ϕ_A leaves invariant \mathcal{D}_X

ϕ_A is an homothety of ratio $\lambda^{1/2}$.

($\|x\| \rightsquigarrow \sqrt{\text{length orbit}}$) Consider $\exp t \log A$.

Main ingredients

- Use Sobolev norms for subelliptic operators which control only transverse direction
- Control the ^{transverse} volume of a box which injects in a manifold about the segment of length 1 .